







55TH ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS & ELECTORAL CONGRESS

1ST TO 7TH SEPTEMBER 2023 - KATHMANDU, FEDERAL DEMOCRATIC REPUBLIC OF NEPAL

Organized by: Nepal Bodybuilding & Fitness Federation
Under The Auspices of: Asian Bodybuilding and Physique Sports Federation
Sanctioned by: World Bodybuilding And Physique Sports Federation
Supported by National Sports Council, Nepal











Deputy Prime Minister And Home Minister Mr. Narayan Of Nepal Was The Chief Guest Of Honor Of The 55th Asian Bodybuilding And Physique Championships On 4th September 2023

RESULTS OF DAY ONE

4TH SEPTEMBER - TOTAL OF 16 DISCIPLINES













44	Savio Henriques	India	36	36	7th
103	Kasem Sirisot	Thailand	39	39	8th
107	D.P.Chaman Niluka Dias	Sri Lanka	46	46	9th
47	Sanam Limbu	Nepal	47	47	10th
46	Binod Sunar	Nepal	48	48	11th
48	Ren Aiguo	China	59	59	12th





288	Ma Sin Yi	Hong Kong China	14	15	29	3rd
237	Jhintramon Thaveamayteachord	Thailand	27	18	45	4th
230	Saltanat Bainiyazova	Kazakhstan	28	25	53	5th
226	Lam King Ha	Hong Kong China	30		30	6th
225	Chandra Rai	India	35		35	7th
228	Ngo Tuyet Nhi	China Macao	36		36	8th
222	Pronchanok Chiangprom	Thailand	37		37	9th









91	Pratap Kalkunrikar	India	44	44	9th
105	Ashok Maharjan	Nepal	49	49	10th
37	Manoj Subedi	Nepal	51	51	11th
107	D.P.Chaman Niluka Dias	Sri Lanka	57	57	12th



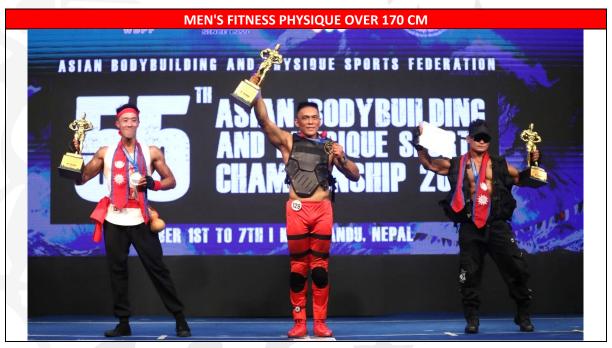


117	Suwijak Pintusornchai	Thailand	8	9	17	2nd
114	Jayaraman Shanmugam	India	17	15	32	3rd
113	Mathew Rajavarma	Singapore	21	20	41	4th
116	Zhu Luwen	China	22	25	47	5th

RESULTS OF DAY TWO

5TH SEPTEMBER - TOTAL OF 20 DISCIPLINES





129	Damrongsak Soysri	Thailand	5	6	11	1st
124	Au Man Kit	China Macao	11	10	21	2nd
125	Ranjeet Lama	Nepal	13	13	26	3rd





64	Krishna Pd. Shrestha	Nepal	13	14	27	3rd
97	Nguyen Van Quang	Vietnam	19	20	39	4th
59	Sandip Anant Ule	India	24	25	49	5th
61	Ramesh Shrestha	Nepal	28		28	6th







214	Jiratha Chuthanichakan	Thailand	5	5	10	1st
210	Al-Nimr Yasmin	Tajikistan	16	12	28	2nd
211	Pratibha Thapliyal	India	17	14	31	3rd
219	Bui Thi Thoa	Vietnam	21	19	40	4th
213	Anushika Goswami	India	22	25	47	5th
212	Geeta Saini	India	26		26	6th
218	Hikkaduwa Liyanage Kaushalya Voshani Liyanage	Sri Lanka	34		34	7th







276	Mudagamuwa Hewage Hashini Erandika Hewage	Sri Lanka	16	11	27	2nd
281	Aye Thandar Khaing	Myanmar	18	15	33	3rd
280	Maddess Yin Kei Margie	Hong Kong China	19	21	40	4th
282	Yang Sukyung	Korea	20	24	44	5th
278	Ashmita Rasally	Nepal	23		23	6th





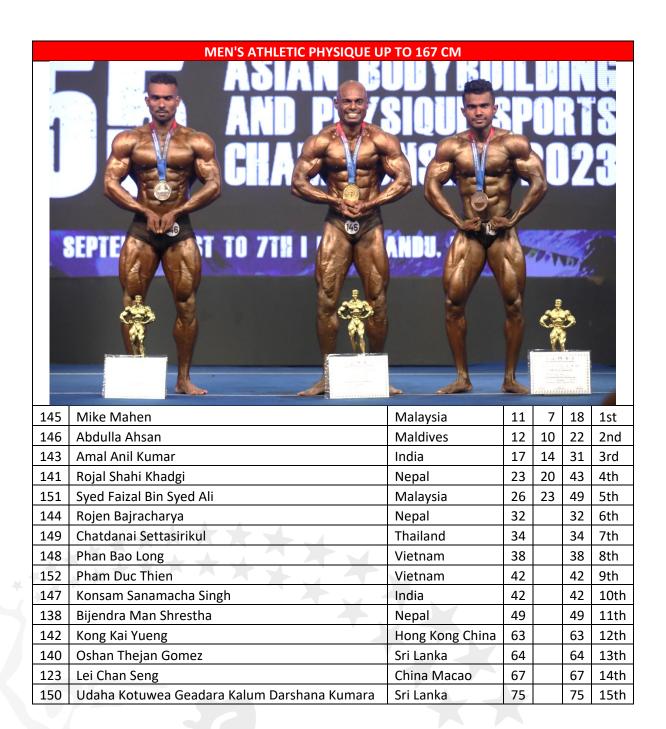
















207	Wanchai Kanjanapimine	Thailand				
297	Siriporn Sornchuay	IIIdiidiiu	17	18	35	4th
295	Damrongsak Soysri	Thailand				
293	Ajaree Tansub	Illallallu	30	25	55	5th
296	Mg Mg Myint	Myanmar				
290	Wut Yi Phyo		31		31	6th
300	Sanam Mulguthi	Nepal				
300	Amit Chandra		39		39	7th
299	Malvern Abdullah	Malaysia				
299	Philomena Dexclyn Anak Siar	ivialaysia	40		40	8th
290	Choi Nga Peng	China Macao				
290	Sio Wai Ian	Cilila iviacao	42		42	9th
291	Me Me Kyaw Naing	Myanmar				
291	Hein Htet Zaw	Myanmar	45		45	10th
298	Ngo Tuyet Nhi	China Macao				
298	Au Man Kit	CIIIIIa IVIACAO	50		50	11th

RESULTS OF DAY THREE

6TH SEPTEMBER - TOTAL OF 8 DISCIPLINES











